

Five Fashion Travel Essentials All Women Need

As many of us busy women know, traveling can really take it out of you. It can leave you feeling exhausted, jet lagged and with rumpled cloths, before you even settle into your hotel for your first night. In short, while traveling definitely has it's perks, a well rested persona isn't one of them.

That said, when in a new place, looking and feeling one's best can make a huge difference in how the trip goes. It's a fact, when you are confident and appear put together, you are not only happier, but other people will actually treat you better as well. Therefore, being put together when you travel and knowing how to pack to make this happen is key to any traveling woman's skill set.

Because of this, we've put together a list of the top five fashion travel essentials all women should bring with them when traveling away from home.

Sunglasses

Sunglasses are particularly helpful for hiding baggy, swollen and sleep deprived eyes when you first get off a plane. They can also be very helpful for an afternoon lunch out when you are still trying to hide those dark under-eye rings, and of course, they are a great way to complement an ensemble.

Flats or Loafers

A stylish pair of flats or loafers is a great way to ensure you look stunning while not sacrificing your comfort. After all, who really want's to wear a pair of stilettos (no matter how gorgeous they are), while sight seeing. Plus, as an added bonus, you shouldn't have a problem wearing your flats to your out of town business meeting, saving you the space you would have used for your office pumps.

A light scarf

Scarves can be used as a means to spice up a plain outfit, hide front of shirt wrinkles and as an accessory in-and-of themselves. Additionally they can be used as a make shift blanket on long, chilly, plane rides, and in a real pinch, as a means to tie back less than clean hair for a ready to go look.

A stylish jacket or blazer

Essential because it allows you to style up nearly any outfit you have. Just got off the plane and need something to make you feel sharp and ready to go? Throw on your blazer, disguise your wrinkled tank and boost your self esteem all in one go.

A simple dress

Essential mainly due to the fact it is so versatile. Bring a dress with a classic, simple, cut. Then wear your dress with your flats out for a day of sight seeing, with your blazer to that important

business meeting and even with some heels to a night out on the town. Plus, it is an extremely easy look to pull off, as all it requires you to do is just slip it on.

These five essentials are pieces which will serve almost any situation you come across as you travel, and will make you look and feel great each time you put them on. After all, they are each timeless and fundamentally chic, meaning you won't go wrong in bringing them to your next destination, no matter when or where that may be.